Military Family Resources

The Department of Veterans Affairs is an organization consisting of three major branches:

Veteran Benefits Administration

Veterans Health Administration

National Cemetery Administration

Where can I learn more about benefits for Veterans, their dependents and survivors?

	San Diego VBA Regional O
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San Diego VBA Regional Office: https://benefits.va.gov/sandiego/

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Los Angeles Regional Office: https://www.benefits.va.gov/losangeles/

VBA Appointment Scheduling: va.my.site.com

Where can I learn more about VA Loma Linda services for Veterans, their dependents and survivors?

VA Loma Linda healthcare system programs: https://www.va.gov/loma-linda-health-care/health-services/

VA Loma Linda Homeless Outreach Program: https://www.va.gov/loma-linda-health-care/health-services/homeless-veteran-care/

VA Loma Linda LGBTQIA+ Veteran Care

VA Loma Linda Minority Veterans Program

VA Loma Linda Women's Clinic

VA Community Care Network

VA Loma Linda Mental Health Access Clinic Walk-in clinic. **No appt. needed.** Hours of operation 0800 – 1630. Last walk-in accepted at 1600.

VA Loma Linda Home Telehealth: (909) 801-5938 or (909) 801-5939 M-F 7:30 A.M.- 4:00 P.M.

Where can I learn more about Community Resources for Service Members, Veterans, their Families in the Inland Empire?

MilVet: https://milvet.org/

Riverside County Veterans Services: https://rivcoveterans.org/

San Bernardino County Veteran Affairs: https://va.sbcounty.gov/

Veteran Supplemental Support Network: https://www.vetsupportnet.org/

Pacific Clinic Military Services & Family Support Program: https://pacificclinics.org/

Reconnection Workshops with American Red Cross: redcross.org/reconnectionworkshops

Vet Center: vetcenter.va.gov

Lighthouse Social Service Center(SSVF) Program: https://lighthouse-ssc.org/

CalVet: www.calvet.ca.gov

In Europe: 844-702-5495 or DSN 988

In SW Asia: 855-422-7719 or DSN 988

In the Pacific : 844-702-5493 or DSN



Where can I learn more about Mental Health resources for Service Members, Veterans, their Families in the Inland Empire? Inland Empire 211: https://inlandsocaluw.org/211 Riverside County Crisis Support & Services: https://www.ruhealth.org/crisis-support-system-care

San Bernardino County Crisis Support & Services: https://wp.sbcounty.gov/dbh/urgentcare/

The LGBTQ Community Center of the Desert: https://thecentercv.org/en/resources/

Riverside County Infant health program: https://www.ruhealth.org/public-health/black-infant-health

San Bernardino County Infant health program: https://dph.sbcounty.gov/bih/

Riverside-San Bernardino County Indian Health: https://www.rsbcihi.org/

Riverside County Office of Aging: https://rcaging.org/

San Bernardino County Office of Aging: https://hss.sbcounty.gov/daas/

Where can I learn more about National resources for Service Members, Veterans, their Families?

Veterans/Military Crisis Line Chat: https://www.veteranscrisisline.net/get-help-now/chat/

Military OneSource: https://www.militaryonesource.mil/

Nami: https://www.nami.org/

Real Warrior Campaign: https://health.mil/military-health-topics/centers-of-excellence/psychological-health-center-of-excellence/real-warriors-campaign

Tricare Mental Health Care: https://tricare.mil/mentalhealth

inTransition: https://health.mil/military-health-topics/centers-of-excellence/psychological-health-center-of-excellence/inTransition

Indian Health Services: https://www.ihs.gov/suicideprevention/

ROGER Wellness: https://stopsoldiersuicide.org/roger-wellness-service

Objective Zero: https://www.objectivezero.org/

Where can I learn more about resources for Service Members, Veterans, their Families?

VA Caregiver Support: https://www.caregiver.va.gov/

Sesame Street-Military Families: https://sesamestreetformilitaryfamilies.org/

Childcare Assistance: https://foundationforwomenwarriors.org/programs/childcare-assistance/

TAPS Youth Programs: https://www.taps.org/youthprograms

Talk2Kids: https://www.mirecc.va.gov/visn19/talk2kids/preschooler.asp

In Europe: 844-702-5495 or DSN 988

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